

Barlby Primary School - PSHE and RSHE Curriculum Overview Years 1 - 6

	Autumn - Living in the Wider World			Spring - Relationships			Summer - Health and Wellbeing		
Topics	Rights and responsibilities	Environment	Money	Feelings and emotions	Healthy relationships	Valuing difference	Healthy lifestyles	Growing and changing	Keeping safe
Year 1	Groups and class rules; everybody is unique in some ways and the same in others	Looking after the environment Link to Geography <i>(Opportunity for cross year group project Y2)</i>	Where money comes from; how to use money – saving and spending money Link to Maths	Recognising feelings in self and others; sharing feelings Link to MIND UP	Secrets and keeping safe; special people in their lives	Respecting similarities and differences in others; sharing views and ideas Autism Awareness Week	What keeps bodies healthy; hygiene routines	Recognising what Change and loss and how it feels Link to MIND UP	Keeping safe around household products; how to ask for help if worried
Year 2	Group and class rules; respecting their own and others' needs; communities they belong to; people who work in the community; getting help in an emergency	Looking after the environment Link to Geography <i>(Opportunity for cross year group project Y2)</i>	Where money comes from; saving and spending money; making choices; keeping track of money spent/saved Link to Maths	Behaviour; bodies and understanding feelings can be hurt Link to MIND UP	Listening to others and playing cooperatively; appropriate and inappropriate touch; teasing and bullying	Respecting similarities and differences in others; sharing views and ideas Autism Awareness Week	Healthy choices; different feelings; managing feelings Link to MIND UP	Recognising what they are good at; setting goals. Growing and being more independent; correct names for body parts incl. genitalia. Link to Science	Keeping safe in different situations; how to ask for help if they are worried; privacy in different contexts
Year 3	Discuss and debate health and wellbeing issues. Link to MIND UP Being part of the community and who works in the community	Responsibilities; rights and duties	Enterprise; what it means; developing skills in enterprise <i>(Opportunity for cross year group project Y6)</i>	Recognising feelings in others; responding to how others are feeling Link to MIND UP	Positive; healthy relationships and friendships incl online Link to Computing Maintaining friendships; how actions affect ourselves and others; working collaboratively	Recognising and responding to bullying, incl online Link to Computing	What makes a balanced diet; opportunities for making own choices with food; what influences their food choices; habits	Recognising what they are good at; setting goals. Describing feelings; conflicting feelings and how to manage feelings. Link to MIND UP	School rules on health and safety; basic emergency aid; people who help them stay he
Year 4	Discuss and debate health and wellbeing issues. Appreciating difference and diversity in the UK and around the world Link to RE	Sustainability of the environment across the world Link to Geography	Role of money; managing money (saving and budgeting); what is meant by interest and loan Link to Maths	Keeping something confidential or secret when to break a confidence; recognise and manage dares, incl online Link to Computing	Acceptable and unacceptable physical contact; solving disputes and conflicts amongst peers	Listen and respond effectively to people Link to MIND UP Sharing points of view	What makes a balanced lifestyle and making choices; drugs common to everyday life; hygiene and germs Link to MIND UP	Recognising what they are good at; setting goals. Life changes and feelings associated with change.	How to keep safe in the local area and online. Link to Computing People who help them stay healthy and safe.
Year 5	Discuss and debate health and wellbeing issues. Rules and laws; antisocial behaviour; respecting and resolving differences Link to MIND UP	Different rights; responsibilities and duties	Importance of finance in people's lives; being a critical consumer; looking after money; interest, loan and debt; tax	Responding to feelings in others	Actions have consequences Link to MIND UP Working collaboratively; negotiation and compromise; giving feedback	Listening to others; raise concerns and challenge.	What positively and negatively affects health and wellbeing Making informed choices; benefits of a balanced diet; different influences on food	Recognising what they are good at; setting goals and aspirations. Intensity of feelings; managing complex feelings. Changes at puberty. Link to Science Coping with change; bereavement and grief	Strategies for managing personal safety in the local environment; online safety including sharing images; mobile phone safety. Link to Computing.
Year 6	Discuss and debate health and wellbeing issues. Human rights; the rights of the child; cultural practices and British Law. Being critical of what is in the media and what they forward to others.	How resources are allocated; effect of this on individuals; communities and environment	Enterprise, setting up an enterprise. <i>(Opportunity for cross year group project Y3)</i>	Keeping something confidential or secret when to break a confidence; managing dares.	Committed, loving relationships; maintaining relationships; recognising unhealthy relationships (incl forced marriage) Acceptable and unacceptable physical contact; right to privacy	Listening to others; raise concerns and challenge. What makes people the same of different; recognising and challenging stereotypes; discrimination and bullying Link to MIND UP	Images in the media and reality; how this can affect how people feel Link to MIND UP Risks and effects of drugs	Recognising what they are good at; setting goals and aspirations; Changes at puberty; human reproduction Link to Science Roles and responsibilities of parents.	Independence; keeping safe; influences on behaviour; resisting pressure; right to protect their body and speaking out (incl against FGM); who is responsible for their health and safety; where to get help

